

Friday, June 7th							
Time	Blue Staging Awards 1 Tent	Orange Staging Awards 2 Tent	Pink Staging Awards 2 Tent	Awards 2 Tent Open Pit Awards Schedule	Time		
8:30 AM	3000m Run	8:30 AM - 9:30 AM Standing Long Jump - Female 57 athletes Div 150-169	8:30 AM - 9:45 AM Softball Throw - Female 58 athletes Div 210-232		8:30 AM		
8:45 AM						8:45 AM	
9:10 AM	200m Walk						9:10 AM
9:15 AM							9:15 AM
9:30 AM	WHCH 200m Open	9:45 AM - 10:45 AM Running Long Jump 63 athletes Div 196-209	9:45 AM - 11:00 AM Softball Throw - Male 98 athletes Div 233-263		9:30 AM		
9:45 AM	WHCH 25m Non-Motor				Standing Long Jump Female 8-15	9:45 AM	
10:00 AM	WHCH 50m Motor Slalom				Softball Throw Female 8-11	10:00 AM	
	WHCH 30m Non-Motor Slalom				Standing Long Jump Female 16-21	10:15 AM	
	WHCH 30m Slalom						
	WHCH 100m Non-Motor						
	WHCH 25m Motor OBT						
10:30 AM	4 X 100M Walking Relay*				Softball Throw Female 12-15	10:30 AM	
10:35 AM	200M Run – Female*					10:35 AM	
10:45 AM					Softball Throw Female 16-21	10:45 AM	
11:00 AM	200M Run – Male*	11:00 AM WCH Shot Put 2 athletes Div 327		Softball Throw Female 22-29	11:00 AM		
				Standing Long Jump Female 22+	11:15 AM		
				Softball Throw Female 30+	11:30 AM		
COMPETITION BREAK							
					11:45 AM		
					12:00 PM		
				Softball Throw Male 8-11	12:15 PM		
12:30 PM	800M Run	12:30 PM - 2:00 PM Standing Long Jump - Male 93 athletes Div 170-195	12:30 PM - 1:15 PM Mini Jav - Female Mini Jav - Male 8-15 81 athletes Div 264-285	Softball Throw Male 12-15	12:30 PM		
12:45 PM					Softball Throw Male 16-21	12:45 PM	
1:00 PM	800M Walk				Softball Throw Male 22-29	1:00 PM	
1:15 PM	100M Walk – Female				Softball Throw Male 30+	1:15 PM	
1:25 PM						1:25 PM	
1:30 PM						1:30 PM	
1:45 PM	100M Walk – Male		1:30 PM - 2:30 PM Mini Jav Male 16-29 Male 30+ 104 athletes Div 286-304	Running Long Jump Male 8-21	1:30 PM		
2:00 PM				Running Long Jump Male 22+	1:45 PM		
2:15 PM	25M Walk			Running Long Jump Female 8+	2:00 PM		
2:30 PM	400M Run – Female			Mini Jav Female 8-15	2:15 PM		
2:40 PM				Mini Jav Female 16-29	2:30 PM		
2:45 PM	400M Run – Male 8-21			Mini Jav Female 30+	2:40 PM		
3:00 PM	400M Run – Male 22+			Mini Jav Male 8-15	2:45 PM		
3:15 PM	400M Walk			Mini Jav Male 16-29	3:00 PM		
3:30 PM				Mini Jav Male 30+	3:15 PM		
3:45 PM	4 x 200M Relay			Standing Long Jump Male 8-15	3:30 PM		
4:00 PM				Standing Long Jump Male 16-21	3:45 PM		
				Standing Long Jump Male 22+	4:00 PM		

Saturday, June 8th

Time	Blue Staging Awards 1 Tent	Orange Staging Awards 2 Tent	Pink Staging Awards 2 Tent	Awards 2 Tent Open Pit Awards Schedule	Time
8:30 AM	1500M Walk				8:30 AM
8:50 AM	1500M Run				8:50 AM
9:00 AM			9:00 AM - 10:00 AM		9:00 AM
9:15 AM	100M Run – Female 8-15	50M Run – Female	Shot Put – Female		9:15 AM
	100M Run - Female 16-21		Shot Put - Male 8-11	50M Run – Female	9:30 AM
	100M Run - Female 22-29	50M Run – Male	51 athletes Div 305-313		9:45 AM
	100M Run - Female 30+				
10:00 AM			10:00 AM - 11:15 AM	Shot Put Male 8-11/ 50M Run- Male	10:00 AM
10:15 AM	100M Run – Male 8-15		Shot Put – Male 12-29		10:15 AM
	100M Run - Male 16-21		Shot Put - Male 30 +		10:30 AM
	100M Run - Male 22-29		75 athletes		10:45 AM
	100M Run - Male 30+		Div 314-326	Shot Put Female	11:00 AM
				Shot Put Male 12-29	11:15 AM
11:30 AM	4 x 100M Relay			Shot Put Male 30+	11:30 AM
	4x100M Unified Relay				11:45 AM
	4 x 400M Relay				12:00 PM